

ANNUAL REPORT 2018-19



**UNNATI
SANSTHAN**

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DIRECTOR'S WORDS



I feel immense pleasure to share with you the recent progress that we have been able to make during the last year. Overall, last year has been a year of significant achievements and learnings. For past ten years Unnati has been actively working with tribal children, rural women, adolescents and tribal communities of Udaipur District to enhance their understanding of Child Rights, significance of Right to Education, behavior change on water, sanitation and personal hygiene and strengthening Panchayat and village level local institutions. The aim is to create an environment of empowerment among rural communities so that they are able to take responsibilities of their own development. Unnati aims to bring about Inclusive development in these communities by adopting an approach that is participatory and right-based in nature.

As we continue to make significant impact in the lives of marginalized tribal communities with a focus on women and children through our programs around education, disabilities, nutrition, livelihood opportunities, etc., we have also focused on knowledge creation through our intensive research and surveys which was shared with our diverse stakeholders. The trainings and meetings played a key role in building an enabling environment among the members of the community and children.

On behalf of the organization, I am graciously thankful to all our partners who showed their trust in us and believed in our vision of creating an environment of equity. Without your support, the journey of the organization would be incomplete. I am also thankful to Team Unnati Sansthan the important pillars of organization, who have put their sincere efforts and hard work in communities to achieve the best result for 2018-19.

This Annual Report documents our evolution and our strategic objectives. I invite you to have a look for yourself and see just how visionary Unnati is. I hope you enjoy reading this report.

Sincerely,

Marjorie

VISION

To create a self-reliant organization for bringing about over-all development of the people so that they can take the responsibility of their own and their community development

MISSION

To organize people, increase their level of awareness and capacity, so that people participate in decision-making process and exercise their Rights to control over their lives and natural resources through collective Actions

ABOUT US

Unnati Sansthan is a child focused Non-government Organization (NGO) founded in 2000 by a group of social worker's from Rajasthan with an objective of protecting the rights of the children and creating an enabling environment of social and economic empowerment of rural communities living in India, with a primary focus on tribal children, women and other marginalized groups in the society.


Early
Childhood
Development

Water,
Sanitation
and Hygiene

Our
Interventions

Education

Child Rights
and
Protection

A close-up photograph of a woman with a bindi on her forehead, wearing a red sari, feeding a baby. She is holding a spoon with white food to the baby's mouth. The baby is wearing a colorful floral-patterned shirt. The background is slightly blurred, showing a window with a plant and some household items.

Nutrition among 0-3 YOs

From June 2018, Unnati started working with the support of **UNICEF** with an objective to bring positive changes in terms of health and nutrition behavior among the community members by using platforms of **home visits, community meetings and community based events**. Also, the team was trying to build the **capacity & skills of ASHA & AWW** so that they could also do the counseling effectively during their home visits and do the interaction with communities during community based events and community meetings. The team focused on Early Childhood development - the most critical phase of life where a child achieves maximum developmental potential.



Sector Meetings

Considering the sector meeting as an important platform for capacity building of AWWs and ASHA Sahyogni, Unnati Sansthan planned to utilize that platform optimally and for that all the 11 sector meetings were attended by the team and they had discussions organizing community based events, importance of care during pregnancy and after birth, care of children till 2 years etc.



AWC Visits

To build the capacity of AWWs and ASHAs, field staff of Unnati first visited the AWCs and interacted with AWW & ASHA regarding nutrition, health & early stimulation activities.



Home Visits

The team of Unnati Sansthan did home visits to do the counseling on nutrition and health of different age groups like 2nd & 3rd trimester PW, mother of first week born children, 8-30 days children, 1-5 months children, 6-8 months children and 9-24 months children.



Community Based Events

Unnati staff conducted 4 community based events every month which include Village Health, Nutrition and Sanitation Day (VHNSD), Suposhan Diwas, God Bharai, and Annaprashan Diwas.

Because we Intervened..

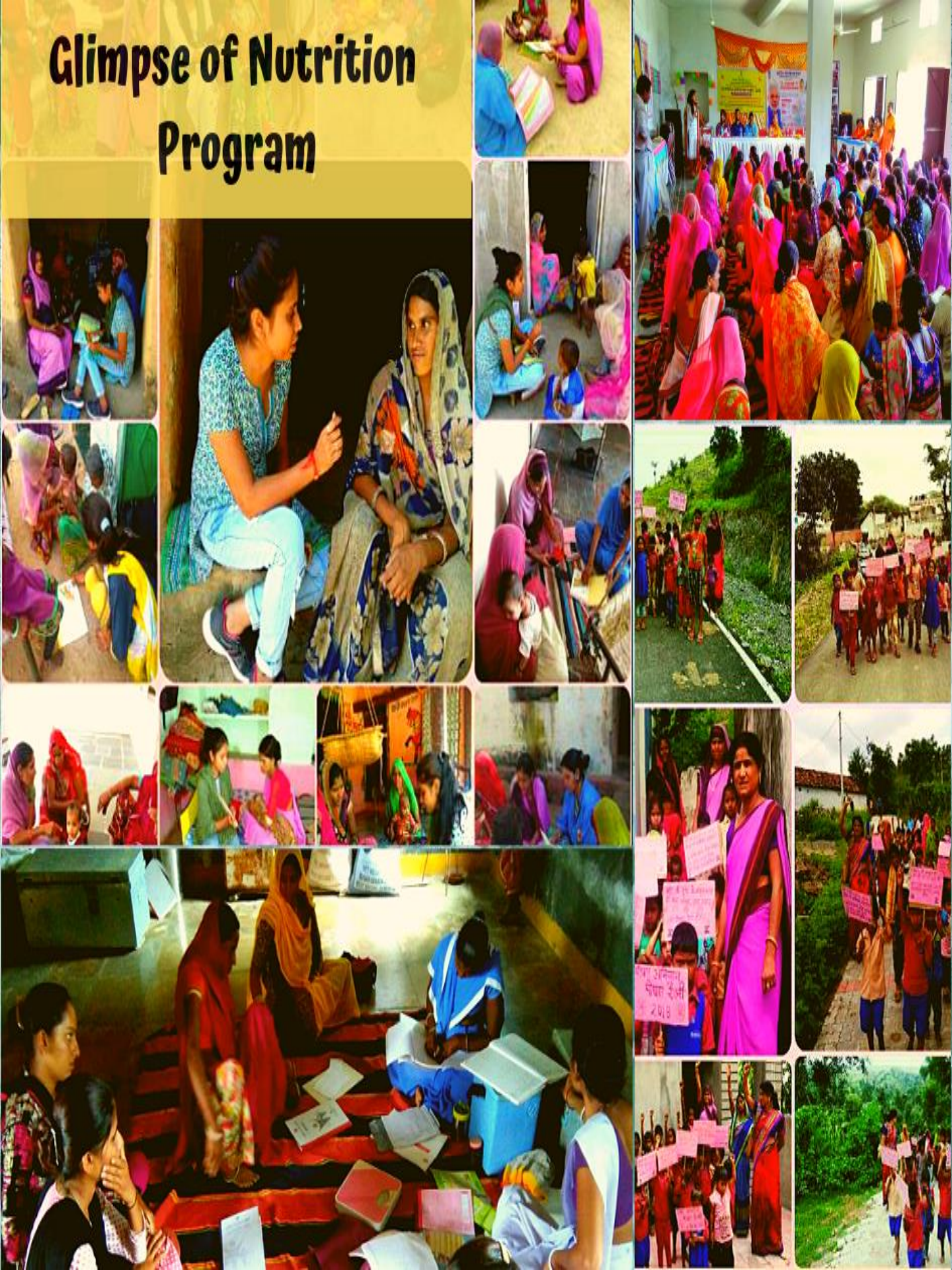
- **85%** mothers only feed breast milk to their newborns in first 6 months
- **65%** mothers initiated complementary feeding after 6 months
- Rate of children receiving regular immunization increased to **83.64%**
- Increased rate of early registration of Pregnant women
- Supportive Supervision in **270** Anganwadi Centres





- **Consumption of IFA** tablets increased by **53%**.
- **100% AWWs** have initiated plotting **Growth monitoring on MCP card** which enabled caregivers of pregnant women in taking their proper care.
- **Reached** out to around **5000** children

Glimpse of Nutrition Program



Promoting Caregivers to Create Learning Environment at Home for 3-6 YOs



UNICEF partnered with Unnati Sansthan on promoting early childhood education among 3-6 years' children in rural areas by strengthening frontline workers in 36 Anganwadi Centres (AWCs) in 2 ICDS sectors of Udaipur district- Barapal and Tidi and 25 AWCs in 1 ICDS sector of Dungarpur district- Shishodh II. The main focus of the program was to motivate caregivers to create a learning environment at home for faster and positive development of their children. Every month various activities such as sector meetings, home visits, community meetings, Anganwadi visits and Parent-Anganwadi Meeting were conducted in different blocks of the two districts to explain the importance of creating positive learning environment for the children of 3-6 years of age group and the ways to do so.



SECTOR MEETINGS

Every month, Unnati's staff participates in Sector Meetings in order to contribute in the capacity building of the AWWs and ASHAs to strengthen their service of pre-school education.

AWC VISITS

Field staff of Unnati daily visits at least one AWC and support the AWW in conducting domain-specific and age-appropriate activities at the centre. The staff also capacitates the frontline workers on different domains..



HOME VISITS

After AWCs, the staff heads to the homes of children belonging to the age group of 3-6 years to check the efficacy of PAM and if the caregivers have been able to conduct the early learning activities at home. The home visits also act as an important platform for practically demonstrating the activities based on ELDS while making the caregivers repeat it with their child.



PARENT-ANGANWADI MEET (PAM)

Unnati staff support and supervise AWWs in facilitating PAM. Prior to PAM, at the sector meeting the AWWs are trained on those topics that are to be discussed after a few days at the Parents Anganwadi Meet. Instead of using the lecture methodology, PAM is more activity oriented which has been designed to engage caregivers as much as possible within a short period of time.

COMMUNITY MEETINGS

Through these meetings Unnati reaches out to caregivers to encourage them in participating in the learning process of their children. Discussions are conducted with the community people for effective and timely development of certain skills among the children with the intervention of caregivers in the learning process of children. The people are explained the importance of early childhood development and the roles the caregivers can play in the overall development of their children.



DEVELOPMENT OF LEARNING MATERIAL FOR CAREGIVERS

Unnati with the support of UNICEF has developed a booklet which comprehensively discusses on each of the five domains and enlists major activities which caregivers can perform at home using available resources with their children in order to help in their faster development. Through the kit, AWW/ASHA will counsel caregivers to conduct those activities. These books have been circulated in more than 1000 AWCs with the support of ICDS Department.

IMPACT



01

Interaction between caregivers and frontline workers has increased with the regularization of PAMs every month.

02

Around 100 community meetings have been organized in the period of 9 months reaching out to more than 2500 caregivers

03

Engagement of children at the AWCs has increased following the intervention of the field workers of Unnati. They have built the capacities of frontline workers and improved the activities conducted at their centres.




04

With regular home visits and persistent motivation by the field workers, caregivers have started implementing the learning activities at home with their children. They majorly practice activities related to cognitive development which indirectly develops the language, creativity, and physique of the children

05

Apart from Village Health Sanitation and Nutrition Day (VHSND), AWCs did not use to open for any other activity. But with the intervention and regular visits by Unnati's field staff, AWWs daily run the centres and they have become sensitive towards the development of children

ACHIEVEMENTS

- 
- Parenting kits “Sab Rang” have been prepared by Unnati and printed by UNICEF
 - ICDS Rajasthan has agreed to circulate these kits in AWCs across Rajasthan
 - 1000 AWCs have been reached out through Sector Meetings and Sab Rang kits have been distributed in all of them
 - Direct intervention in 61 AWCs in three ICDS sectors



GLIMPSE OF PARENTING PROGRAM



Promoting Community based Inclusive Development through Inclusive Education and Skill Development



Supported by CBM, Unnati Sansthan has been working alongside children and persons with disabilities with special focus on Inclusive Education and skill development in three blocks of Udaipur District of Southern Rajasthan, since August 2017.

Through weekly immunization meetings at the AWC, community meetings, sector meetings, and school visits an inclusive environment has been promoted. Bal melas and Child Cabinets are conducted and SMCs are strengthened in the schools to encourage supportiveness and develop sensitivity towards children with disabilities. DPOs and Inclusive SHGs are formed to enable people with disabilities realize their dignity and promote economic, social and emotional empowerment



Assessment,
Identification of
individuals with
disabilities and referral
to hospitals

Disability Certificate
formation and linking
with Social Security
Schemes



Utilizing available service
delivery platforms- AWCs,
Schools, Gram Sabhas, PRI
meetings, to create
awareness among
community



Conducting Inclusive
Bal Melas and Sports
to promote
participation of
children with
disabilities in schools
and communities

Formation and
Strengthening of
Children's Club to
enable healthy and
safe environment in
schools for children
with disabilities



Capacity building
of SMCs, school
teachers and nodal
officers



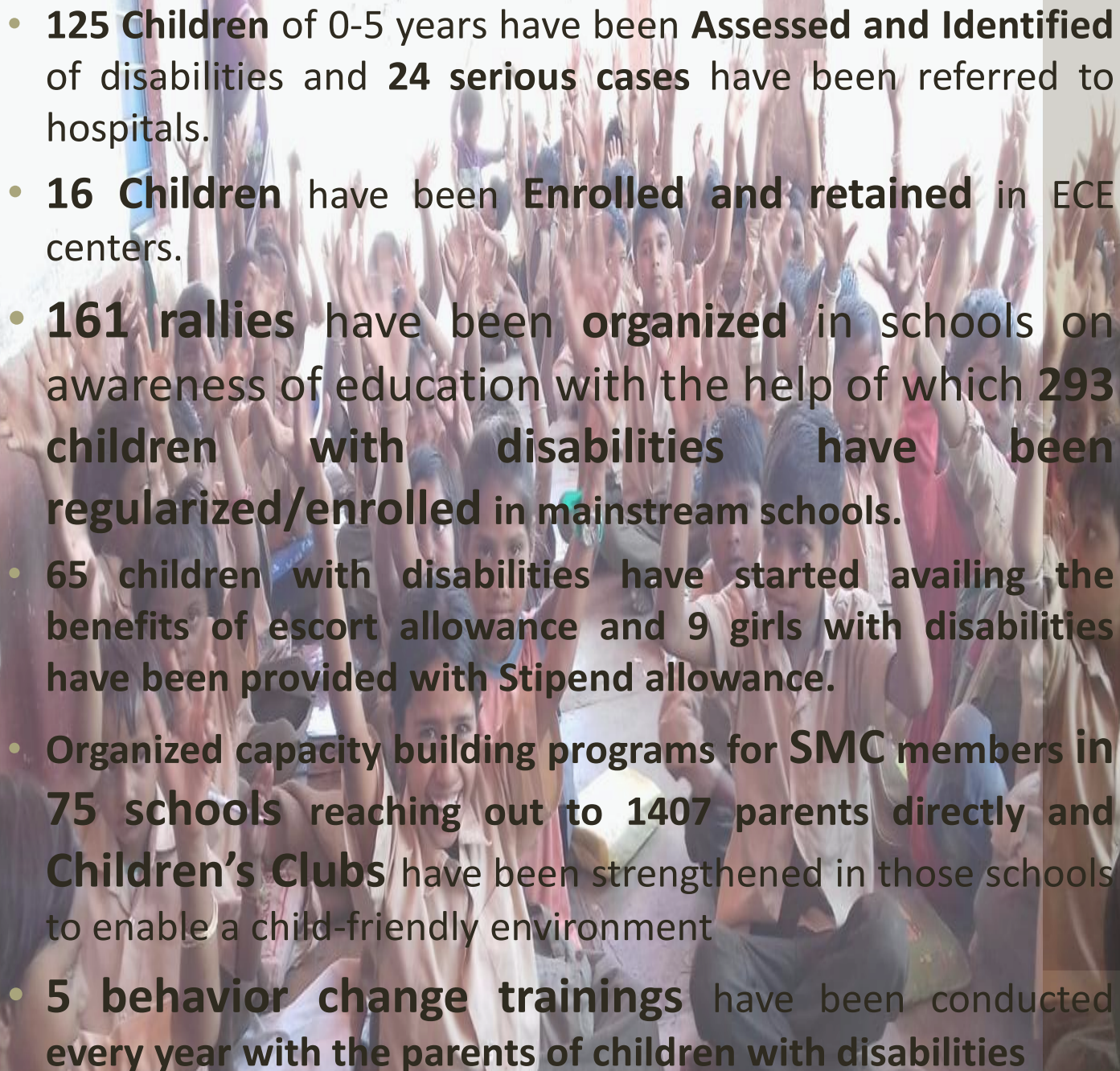
Counseling
caregivers of
children/persons
with disabilities

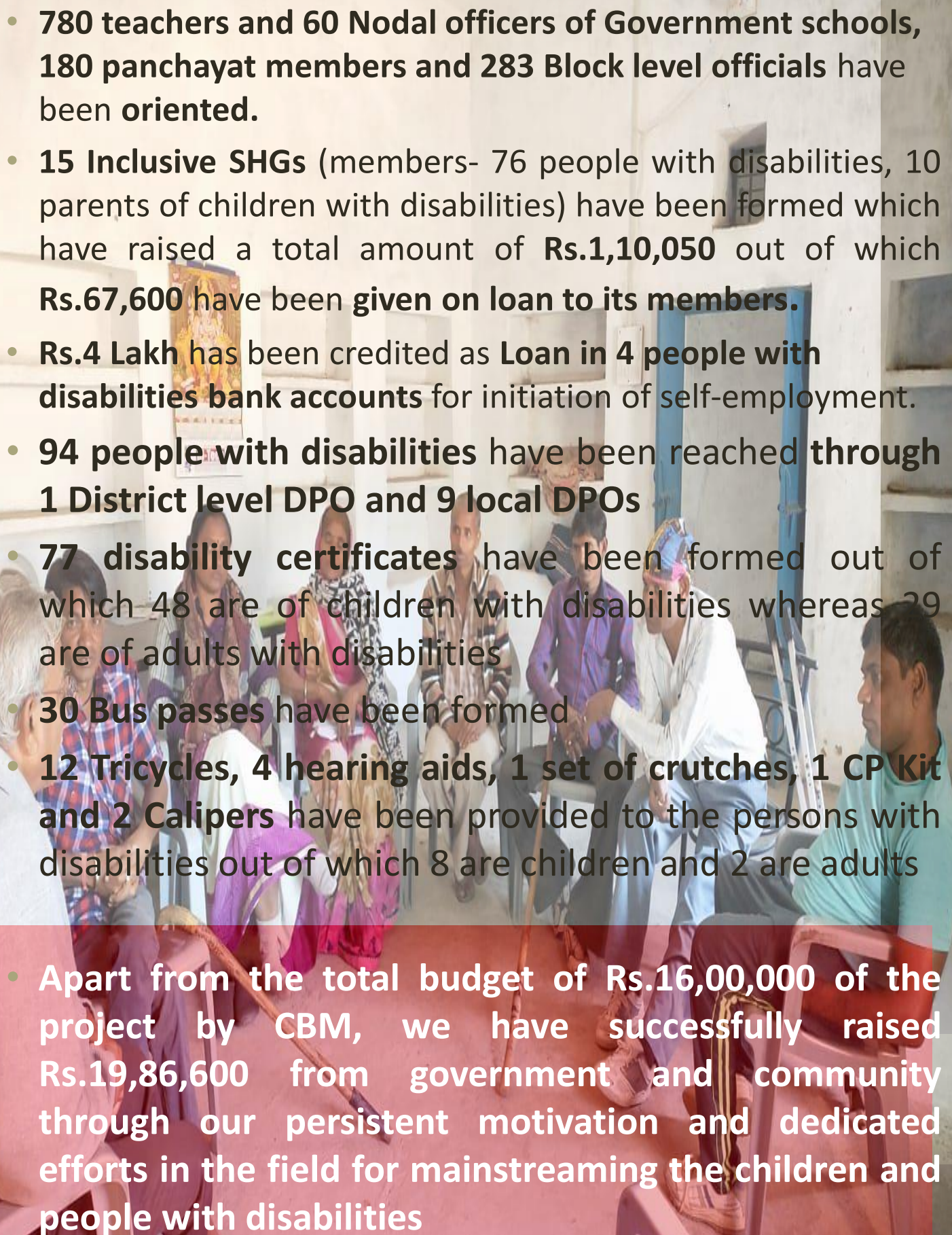
Formation and
Strengthening of
SHGs and DPOs



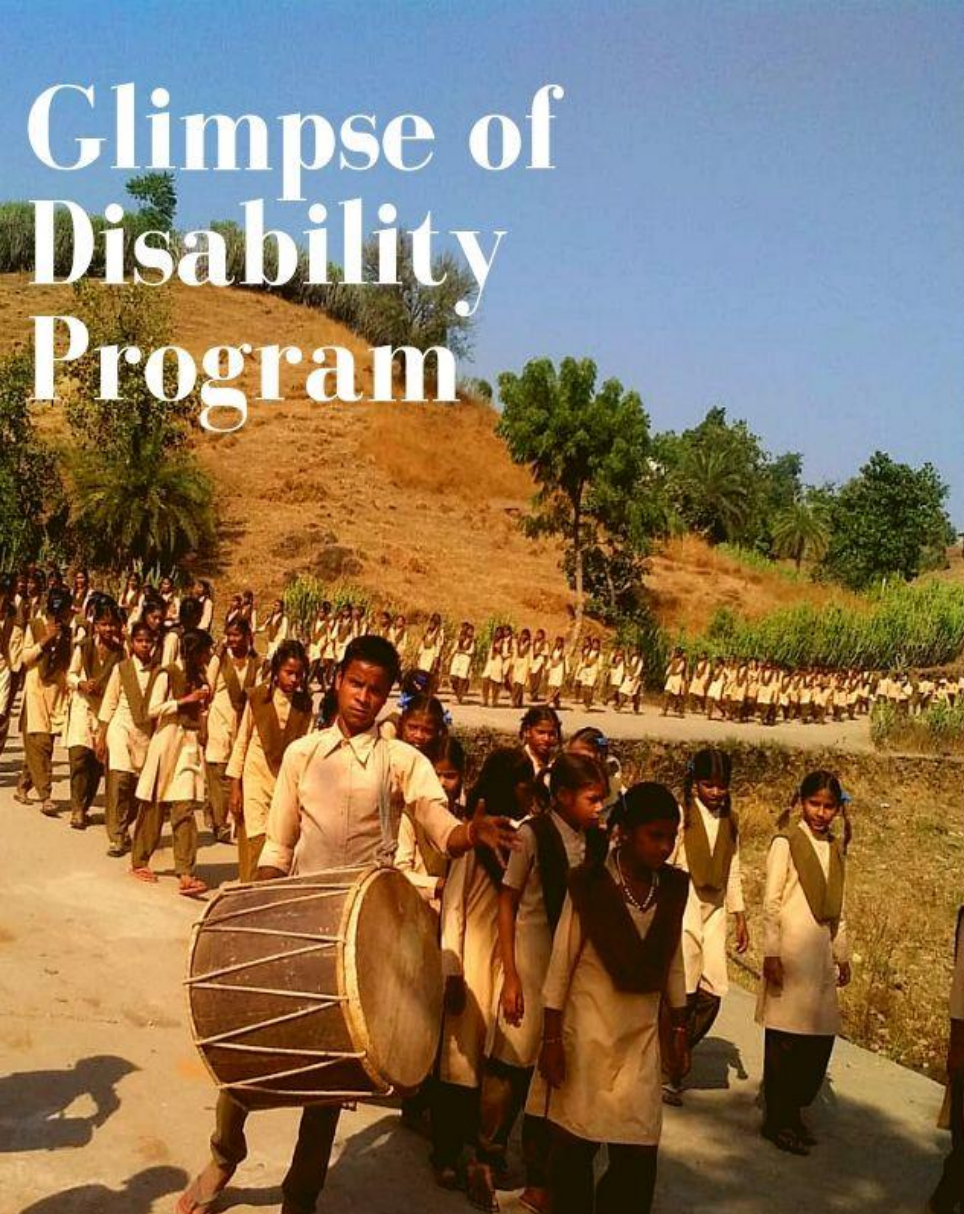
Encouraging adults
with disabilities to
engage in skill
development/vocati
onal trainings

Results Achieved

- 
- **125 Children** of 0-5 years have been **Assessed and Identified** of disabilities and **24 serious cases** have been referred to hospitals.
 - **16 Children** have been **Enrolled and retained** in ECE centers.
 - **161 rallies** have been **organized** in schools on awareness of education with the help of which **293 children with disabilities** have been **regularized/enrolled** in mainstream schools.
 - **65 children with disabilities** have started availing the benefits of escort allowance and **9 girls with disabilities** have been provided with Stipend allowance.
 - **Organized capacity building programs for SMC members in 75 schools** reaching out to **1407 parents directly** and **Children's Clubs** have been strengthened in those schools to enable a child-friendly environment
 - **5 behavior change trainings** have been conducted every year with the parents of children with disabilities

- 
- **780 teachers and 60 Nodal officers of Government schools, 180 panchayat members and 283 Block level officials have been oriented.**
 - **15 Inclusive SHGs** (members- 76 people with disabilities, 10 parents of children with disabilities) have been formed which have raised a total amount of **Rs.1,10,050** out of which **Rs.67,600** have been **given on loan to its members.**
 - **Rs.4 Lakh** has been credited as **Loan in 4 people with disabilities bank accounts** for initiation of self-employment.
 - **94 people with disabilities** have been reached **through 1 District level DPO and 9 local DPOs**
 - **77 disability certificates** have been formed out of which 48 are of children with disabilities whereas 29 are of adults with disabilities
 - **30 Bus passes** have been formed
 - **12 Tricycles, 4 hearing aids, 1 set of crutches, 1 CP Kit and 2 Calipers** have been provided to the persons with disabilities out of which 8 are children and 2 are adults
 - **Apart from the total budget of Rs.16,00,000 of the project by CBM, we have successfully raised Rs.19,86,600 from government and community through our persistent motivation and dedicated efforts in the field for mainstreaming the children and people with disabilities**

Glimpse of Disability Program



A group of children are sitting on a patterned rug, playing with colorful alphabet blocks. One child is holding a block with the letter 'M'. Another child is holding a block with the letter 'N'. A third child is holding a block with the letter 'X'. A fourth child is holding a block with the letter 'T'. A fifth child is holding a block with the letter 'L'. A sixth child is holding a block with the letter 'Z'. A seventh child is holding a block with the letter 'O'. A eighth child is holding a block with the letter 'Q'. A ninth child is holding a block with the letter 'V'. A tenth child is holding a block with the letter 'B'.

BALWADI CENTRE

To address the issues of early childhood development, Unnati Sansthan is supported by **Core Tech Systems** to provide early childhood education to the children of age group 3-6 years for their holistic development through setting up Balwadis in 2 villages.



- Learning counting with the help of pebbles
- Understanding about the shapes and sizes of materials with the help of common vegetables
- During lunch, encouraging the habit of sharing and learning how to properly eat without littering around
- Activities to promote hygiene habits among kids at Balwadi as well as while at home
- Using number songs and games to teach counting
- With the help of puzzles teaching the children the skills of problem solving
- During the playtime teaching them to stand in queues and wait for their turns
- Story telling sessions
- Daily physical exercises





OUR EFFORTS HAVE..

- Built sound foundations for children in the area where Government run Anganwadi centres are not functional.
- Ensured all round development of the child which includes physical development, language development, cognitive development, creative development and socio-emotional development.
- Promoted early childhood education through play-way methods and to develop the school going habit in children.
- Sensitized the parents about the importance of early childhood development

Unnati in 2018-19



Organizational Compliances

Credibility Alliance Report Identity

1. Unnati Sansthan is a voluntary organization registered under the Rajasthan Society Registration Act, 1958 (Reg. No 127/2000-2001 dated 18th September 2000)
2. Unnati Sansthan is registered under FCRA No. 125690113 on 22.08.2013
3. Unnati Sansthan constitution is available on request.
4. Unnati Sansthan is registered under Section 12 A of the Income Tax Act, 1961 No. 178/35 dated 21st May 2008.
5. Unnati Sansthan is registered under Income Tax Act 1961 Section 80 G dated 21st May 2008.

Name and Address of the Banker

1. Oriental Bank of Commerce, Sector 11, Udaipur 313002 Rajasthan.

Name and Address of the Auditors

M/S. S.D.BAYA & COMPANY, Chartered Accountants, Mosh Marg, Shastri Circle, Udaipur, Rajasthan.

Foreign Fund Received from CBM INR 1276182 & CBM INDIA TRUST INR 1600000 for the period 2017-18

Governance Details of Board Members: (as of March 31st 2018)

S. No.	Name	Name of Father/Husband	Age	Profession	Designation in the Board
1	Prem Kumar Luthra	Late Mr. H.L. Luthra	55	Social Worker	President
2	Dr. Pradeep Kumar Singh	Mr. Avdesh Kumar Singh	52	Professor	Vice President
3	Marjorie Aziz	Mr. Aziz Masih	46	Social Worker	Secretary
4	Mrs. Rama Rajvanshi	Mr. Malkhan Singh	44	Teacher	Information Minister
5	Mr. Laxmi Lal Oad	Mr. Laluji Oad	36	Social Worker	Treasurer
6	Manna lal Parmar	Manaji	34	General Work	Member
7	Dr. Tulsi Ram Ameta	Mr. C.L. Ameta	38	Lecturer	Member
8	Mr. Abdul Rashid	Late Mr. Moti Khan	56	Social Worker	Member
9	Mrs, Jyoti Tomer	Mr. Brijesh Tomer	38	Lecturer	Co-Secretary

Details of Board Meetings:- The minutes of the meetings have been recorded and are circulated

S. No.	Name of Body	Meeting Dates	Issues Discussed	No. of attendees
1.	Executive council	28.06.2018	UNICEF project budget recommend for GB, Annual report and Audit report recommended for GB, Prem Kumar Luthra and Ms. Marjorie Honorarium of Rs. 70000/- for both recommended for GB. Rent of office and field office electricity charges for both office paid to Prem Kumar Luthra and MS. Marjorie field office rent of Rs. 12000/- recommended for GB approval. Personal vehicle use in official work recommended Rs.13/- per km recommended for GB Approval. Appointment of Internal auditor recommended for GB approval.	6
2.	General Body Council	28.06.2018	UNICEF project budget approved, Annual report and Audit report approved, Prem Kumar Luthra and Ms. Marjorie Honorarium of Rs. 70000/- for both approved. Rent of office and field office electricity charges for both office paid to Prem Kumar Luthra and MS. Marjorie field office rent of Rs. 12000/- approved. Personal vehicle of Prem Kumar Luthra use in official work recommended Rs.13/- per km approved. Appointment of Internal auditor approved.	7

3.	Executive council	30.03.2019	<p>Bye laws section 2 change in registered office and change in section 3 working area extension in all India level recommended for GB Approval. Four members resignation recommended for GB Approval UNICEF BUDGET Recommended for GB APPROVAL. Appointment of External and internal auditors recommended for GB approval, Bye laws compliance for 2018-19 recommended for GB. New Executive committee election on 10th August 2019 recommended for GB approval.</p>	6
4.	General Body council	30.03.2019	<p>Bye laws section 2 change in registered office and change in section 3 working area extension in all India level approved. Four members resignation approved. Approval of UNICEF BUDGET approved. Appointment of External and internal auditors approved, Bye laws compliance for 2018-19 approved. New Executive committee election on 10th August 2019 approved.</p>	11

Accountability and Transparency

- Whether any fee/remuneration was paid to any board members/shareholders Prem Kumar Luthra, as board President and Program Director(Finance and Administration full time total salary passed in board meeting Rs.50000/- per month. Ms. Marjorie Aziz , Secretary paid salary 50000/- per month .
- What reimbursements were made to the board members- NA.
- Highest Paid Staff – Ms. Marjorie, Director Rs. 50000/- per month
- The lowest paid staff –Mr. Dinesh Koted, Field worker, Rs.10000/- per month

Salary Bandwidth:

S. No.	Below 5000		Between 5000-10000		Between 10000-15000		Above 15000	
	M	F	M	F	M	F	M	F
1					2	2	4	3

- Details of international travel – if any- No. International Travel Rs.0 National Travel Expenses Rs. 136343/-
- Finance committee (Purchase Committee): Mr. Prem Kumar Luthra, Ms. Marjorie Aziz and Mr. Laxmi Lal Aod.

Donors

- UNICEF
- CBM & CBM INDIA TRUST
- Core Tech Systems(CSR)
- Individual Donors